



SMSC Curriculum Overview 2021-22

SMSC lessons take place once a fortnight and incorporate three main strands: PSHE, Citizenship and Careers. The SMSC Programme is designed in a way that ensures the content of each lesson builds on prior learning that has taken place within that theme.

	Year 7	Year 8	Year 9
Autumn	In the Autumn term, Year 7 students will complete PSHE lessons on Mental Health and Wellbeing and Internet Safety. They will gain an introduction to Citizenship and Careers and will be given a lesson to plan for the whole school Careers Fayre. They will also attend a special assembly about the Learning Box.	In the Autumn term, Year 8 students will complete PSHE lessons on Delay, Positive Thinking and Money and Risk. They will gain an introduction to British Values in Citizenship and further develop their understanding of their potential choices in the future. In addition, they will be given a lesson to plan for the whole school Careers Fayre.	In the Autumn term, Year 9 students will complete PSHE lessons on Stress and Anxiety and Consent. They will gain an introduction to the UK Constitution in Citizenship and further develop their understanding of their potential choices in the future. In addition, they will be given a lesson to plan for the whole school Careers Fayre.
Spring	During the Spring term, students will cover Puberty and Relationships in PSHE, as well as having a PSHE-based Flexible Learning Event where students will have the opportunity to work with staff representing a number of external agencies over the course of a morning. In Citizenship they will learn about the process of Voting and Elections and they will also develop their understanding of how they can plan for their future careers.	During the Spring term, students will cover Healthy Relationships in PSHE. In Citizenship they will learn about Justice and will also undertake a lesson that provides a link between Citizenship and Careers. They will also further develop their understanding of how they can plan for their future careers.	During the Spring term, students will cover Adolescence and the Effects of Drugs and Alcohol in PSHE. In Citizenship they will learn about how our government works. They will also further develop their understanding of how they can plan for their future careers through a Careers lesson on the local context.
Summer	In the Summer term, Year 7 students will complete PSHE lessons on Healthy Lifestyle, Preparing for Exams and Drugs and Alcohol. They will also have a Citizenship lesson on how they can make a difference to their local community and a special lesson linked to School Diversity Week.	In the Summer term, Year 8 students will complete PSHE lessons on Healthy Lifestyle and Internet Safety. There will also be a PSHE-based Flexible Learning Event where students will have the opportunity to work with staff representing a number of external agencies over the course of a morning. They will have a Citizenship lesson on how they can make a difference to their local community and a special lesson linked to School Diversity Week.	In the Summer term, Year 9 students will complete PSHE lessons on Coping with Stress, Pornography and Social Media. There will also be a PSHE-based Flexible Learning Event where students will have the opportunity to work with staff representing a number of external agencies over the course of a morning, as well as a special lesson linked to School Diversity Week.



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	Year 10	Year 11
Autumn	<p>In the Autumn term, Year 10 students will complete PSHE lessons on Sexual Harassment and Healthy Lifestyle. They will develop their understanding of their future choices and will be given a lesson to plan for the whole school Careers Fayre.</p>	<p>In the Autumn term, Year 11 students will complete a PSHE lesson on Coping with Change and will have a PSHE-based Flexible Learning Event where students will have the opportunity to work with staff representing a number of external agencies over the course of a morning, including the Alice Ruggles Trust. They will also have a number of Careers lessons covering matters such as Mock Interviews, Apprenticeships and other future choices.</p>
Spring	<p>During the Spring term, students will cover Prejudice-related Crime, Mental Health and Drugs and Alcohol in PSHE. In Citizenship they will learn about Human Rights and International Law. They will also further develop their understanding of how they can plan for their future careers.</p>	<p>During the Spring term, students will cover Revision Skills, Harmful Sexual Behaviour and Transition and Change in PSHE. In Citizenship they will learn about different levels of governance. They will also continue to plan for their future careers.</p>
Summer	<p>In the Summer term, Year 10 students will complete a PSHE lesson on First Aid and will also have a PSHE-based Flexible Learning Event where students will have the opportunity to work with staff representing a number of external agencies over the course of a morning, including the Alice Ruggles Trust. They will have Careers lessons linked to their college visits and apprenticeships and a special lesson linked to School Diversity Week.</p>	<p>N/A</p>